

ANCHOR INN

AT LOWER FROYLE

Nibbles

- Crispy squid & sriracha mayo £ 7 *285kcal*
House baked bread, English extra virgin rapeseed oil and balsamic £ 6.5 (VG) *358kcal*
Greek marinated olives £ 4 (GF)(VG) *226kcal*
Flatbread & hummus £ 6.5 (VG) *245kcal*
Smoked almonds £ 3.5 (VG) *112kcal*
Pigs in blankets with beer mustard dip £ 6.5 *265kcal*

Starters

- Beetroot cured Salmon, pumpernickel, watercress honey and mustard dressing £ 12 *532kcal*
Roasted Parsnip soup served with warm stone baked bread £ 7.5 (VG) *<390kcal*
Macadamia curd, celery, fennel, pickled pear, endive and roasted sesame dressing £ 9 (VG)(GF) *375kcal*
Mushrooms on brioche toast and blue cheese sauce £ 8 (V) *388kcal*
Duck liver parfait, onion chutney and toasted brioche £ 10 *467skcal*
Wild mushrooms ravioli, tarragon and mushrooms broth £ 13 (V) *420kcal*
Charcuterie board, cornichons and stone baked bread £12 *420kcal*

Mains

- Crispy battered fish & chips, crushed peas, tartare sauce £17 (GF) *935 kcal*
Wild mushrooms and celeriac Pie, winter greens and vegetables gravy £17.5 (VG)(GF) *1083kcal*
British brisket burger, mature cheddar, bacon, ruby slaw, smoky sauce and fries £16.5 *946kcal*
Seared fillet of Sea bass, potato hash, samphire and crab butter sauce £24 (GF) *876kcal*
Wiltshire beef cheeks bourguignon, parsnip mash, cabbage and lardons £22 (GF) *1187kcal*
Walter rose Venison sausages and mash, winter greens and rich gravy £ 17 *978kcal*
Roasted butternut squash, macadamia curd, kale, chickpeas & Moroccan tagine (VG)(GF) £18 *823kcal*
Walter Rose dry aged steak, roasted tomato, mushroom, chips & peppercorn sauce (GF) *996kcal*
7 oz Hanger steak £23 *976kcal* 8oz Sirloin steak £34 *996kcal*

A "Bit On The Side"

- Seasonal greens £ 4 *146kcal* | Mac and Cheese £ 5 *354kcal*
Fries/Chunky chips £ 4 *290kcal* | Pork and sage stuffing £ 4 *214kcal*
Sprouts and chestnuts £ 5 *214kcal* | Parsnip and truffle mash £ 5 *205kcal*

Desserts

- The Anchor cheeseboard, crackers, chutney, grapes £14 *<780kcal*
Chocolate tart with passion fruit sorbet £ 9 *370kcal*
Sticky toffee pudding and banoffee ripple ice cream £ 8.5 *352kcal*
Orange and polenta cake and pistachio ice cream £ 9 (GF) *485kcal*
Pear frangipane tart and amaretto ice cream £ 9 (GF) *387kcal*

Selection of dairy ice creams & sorbets – 3 scoops *495kcal* £6.5

If you have any food allergy or intolerance query, please speak to a team member who will be happy to help.
Please be aware that all our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present.
vg=vegan, v=vegetarian, gf=gluten free